



Available: Monday- Friday 6:30am-10:30am  
Saturday & Sunday 6:30-11:00am

## BUFFET

### **Continental Buffet \$15.95**

Display of cut Seasonal Fresh Fruit  
Assortment of seasonal berries, Whole fruit display  
Assortment of sliced meats & cheese  
Offered with Fresh breads  
House made Low Fat Yogurt  
House made Granola Assorted Cold Cereals  
Steel Cut Oatmeal offered with assorted toppings  
Smoked Salmon Platter with traditional accompaniments  
Assortment of Bagels, Breakfast Pastries, Breads, Croissants  
Offered with an assortment of house made cream cheeses  
Freshly Brewed Coffee, Decaffeinated Coffee & Assorted Teas  
Assorted Fruit Juices including fresh squeezed orange juice

### **Full Breakfast Buffet \$21.95**

Enjoy the continental plus  
Fluffy scrambled eggs  
Chef's daily specialty egg offering  
Crisp rashers of bacon, Banger sausage  
Breakfast potatoes  
Chef's choice freshly prepared waffles, pancakes or blintzes  
Omelets made to order

## FRESH FROM THE BAKERY

**Toast, Breakfast Muffin or Croissant | \$2.95**

### **Bagel with Cream Cheese | \$4.95**

Plain, Cinnamon, Onion, Everything, Whole Wheat  
, Egg or Multi-Grain

## HEARTY BREAKFAST

These options are all served with home fried potatoes  
and whole grain toast.

\*Eggbeaters available upon request.

### **Midtown Benedict | \$15.95**

Two poached eggs with Canadian bacon, golden English muffin,  
topped with Hollandaise sauce

### **Two Eggs Any Style Platter | \$13.95 GF**

With your choice of hickory smoked bacon or country-style Banger  
sausage.

### **Ham and Eggs | \$13.95 GF**

Grilled ham with two eggs any style

### **Vegetarian Omelet | \$12.95 GF**

Tomatoes, onions, mushroom and green peppers with jack cheese

## CHEF'S SPECIALTY FRITTATAS

**Smoked Salmon with Boursin Cheese | \$14.95 GF**

**Zucchini and Yellow Pepper Frittata | \$12.95 GF**

With red onions and tomato basil concasser **Ham and**

**Asparagus Frittata | \$13.95 GF**

With Gruyere Cheese

## FROM THE GRIDDLE

Served with 100% real Maple Syrup  
Add a side of meat at \$2.50 each.  
(Hickory smoked bacon or sausage)

### **Buttermilk Pancakes | \$11**

Served with whipped butter and warm syrup

### **Blueberry Pancakes | \$12**

### **Belgian-Style Waffles | \$12**

**Pancakes or Blueberry Pancakes  
and Two Eggs Any Style | \$14**

## HEALTHY SELECTIONS

### **Smoked Salmon Platter | \$15**

Served with red onions, chopped eggs, bagel and fresh fruit

### **Vegetarian Frittata | \$12.95 GF**

Tomatoes, onions, peppers and mushrooms prepared in an  
open-faced omelet, topped with low fat Swiss cheese  
and served with fresh seasonal fruit

### **Fresh Seasonal Fruit Plate | \$11.95**

Served with yogurt and a muffin

### **Old Fashioned Oatmeal | \$6.95 GF**

Served with raisins and brown sugar

**Fresh Half Cantaloupe, Honeydew  
or Grapefruit GF | \$3.95**

**Assorted Cold Cereals | \$4.95**

## BEVERAGE SELECTIONS

### **Juice | \$4**

Choice of orange, tomato, grapefruit, apple, V8 and cranberry

### **Coffee / Hot Tea | \$2.50**

Regular or de-caffeinated

### **Cappuccino | \$4 \***

Any choice of milk

### **Latte | \$4 \***

Any choice of milk

### **Milk | \$4**

Choice of skim, whole, almond, soy or chocolate milk

### **Soda | \$3 \***

Choice of Pepsi, Diet Pepsi, Ginger Ale, Mist Twist or Club Soda

### **\* No refill**

Food Allergies?

If you have a food allergy, please  
speak to the manager, or your server